

PEDIATRIC VISITATION GUIDELINES DURING THE COVID-19 PANDEMIC

For the safety of our patients, staff, and community, visitation is being limited during the COVID-19 pandemic. We understand how difficult visitation restrictions can be for patients and their families. These important changes will help us minimize the number of people in our hospital and keep risk of infection low. Ultimately, this will help protect your loved ones.

Day of Surgery Guidelines

- Any pediatric patient under the age of 18 will be permitted up to 2 parents or care takers in the pre-op area (before surgery) and in the recovery area (PACU/post-surgery) as well.

Pediatric Inpatient Visitation Guidelines

- Parents/caregivers must be healthy to keep our patients and staff safe from illness. Those with COVID-19 testing pending and/or symptoms of illness cannot be in the hospital.
- **Children and siblings under age 18 are not permitted to visit at this time, with some exceptions made on a case-by-case basis.** We understand how difficult it can be to make childcare arrangements for siblings, but this is a necessary precaution for both your child and the other children on the unit.
- During inpatient stays, we ask you to be mindful of the number of times you leave and reenter the hospital. We recommend that parents, caregivers, and visitors voluntarily self-quarantine or isolate when outside of the hospital grounds. Frequent entry/exit from the hospital and unnecessary contact with others are discouraged in an effort to avoid illness.

Non-COVID / Non-PUI (Patient Under Investigation) Patient Visitation Guidelines

- **No more than four healthy parents, caregivers and visitors can visit patients in the Pediatric Unit, and only two may visit a patient at one time.**
- **Visitors must be 18 or older, except those under 18 who are parents of patients. Some exceptions can be made on a case-by-case basis.**
- We ask that you remain in the patient's room as much as possible. You may use the parent

nutrition area on the unit or leave the unit to get food from inside the hospital, but we ask that you return to the room promptly.

COVID/Patient Under Investigation for COVID-19 Visitation Guidelines

- For pediatric patients who have tested positive for COVID-19 or are being evaluated for COVID-19, **only one parent or caregiver may accompany the patient, and must remain in the patient's room for the duration of the patient's admission.**
- Parents and caregivers will be provided meals through Hospital Room Service for all COVID-19 positive patients and for those who are being evaluated for COVID. We do allow food to be brought into the hospital, however it cannot be placed in community refrigerators or microwaves. We have a limited number of patient specific refrigerators. Please see your nurse for details.

What to Expect When You Arrive

- **Screening:** All visitors will be screened upon arrival. This will include a temperature check and symptom screening. We do not allow anyone with signs and symptoms of illness to visit patients in our hospital.
- **Masks:** Based on CDC recommendations for the public, all visitors to Sinai Hospital are required to wear a mask. Upon arrival, visitors will be provided with a disposable mask. The mask should fit snugly over your nose and mouth. It is important to wear your mask properly, covering both your mouth and nose, at all times. If you choose to wear cloth masks or masks with exhalation valves, then it must be covered by a hospital issued mask. Masks should be worn by parents and caregivers whenever you are outside the patient's room and when members of the medical team are with you in the patient's room. We appreciate your support in wearing a mask to help keep everyone safe.
- **Infection Prevention Practices:** Proper infection prevention practices, including masking, handwashing/sanitizing and social distancing, must be followed by all visitors and will be reinforced by staff throughout the hospital.

Staying in Touch:

- Due to COVID-19, current visitor restrictions may limit your ability to visit your loved one during their hospital stay. But that does not mean you cannot connect. Please contact your nurse for additional information on Zoom or Face Time calls.