

The 34th Annual Baltimore Limb Deformity Course: Pre-Course
Basics of External Fixation in the Foot and Ankle

Wednesday, August 21, 2024

(as of 4/25/24)

Four Seasons Hotel Baltimore



Rubin Institute for
Advanced Orthopedics

CARE BRAVELY

Course Directors

Noman Siddiqui, DPM	Baltimore, Maryland
Marie Gdalevitch, MD	Montréal, Canada

Invited Faculty

Hummira Abawi, DPM	Baltimore, Maryland
Christopher Bibbo, DO	Baltimore, Maryland
Matthew Greenblatt, DPM	Baltimore, Maryland
Muhammad Saad Ilyas, MBBS	Lahore, Pakistan
Guido LaPorta, DPM	Dunmore, Pennsylvania
James McWilliam, MD	New York, New York
Kelsey Millonig, DPM	Des Moines, Iowa
Mark Myerson, MD	Denver, Colorado

Wednesday, August 21, 2024

9:00–9:30	<u>Registration and Visit with Corporate Partners</u>	<i>Marine Pre-Function</i>
9:30–9:45	Welcome and Introduction <i>Noman Siddiqui, DPM</i>	<i>Cobalt Ballroom A</i>
9:45–10:15	History of External Fixation <i>Marie Gdalevitch, MD</i>	
10:15–10:45	Biomechanics of External Fixation <i>Guido LaPorta, DPM</i>	
10:45–10:55	Proceed to Cobalt Ballroom B	
10:55–11:55	Basic Principles Group Session	<i>Cobalt Ballroom B</i>
11:55–12:00	Proceed to Cobalt Ballroom A	
12:00–12:50	<u>Lunch and Visit with Corporate Partners</u> Innovations in Fixation Internal/External Version <i>Mark Myerson, MD</i>	<i>Marine Pre-Function</i> <i>Cobalt Ballroom A</i>
12:50–1:00	Proceed to Afternoon Labs	
1:00–3:55	Hands-on Sawbone Labs: Frame Biomechanics, Wires/Half Pin Placement, and Circular Frame Application	<i>Cobalt Ballroom B</i>

Groups A-1, A-2, and A-3:

1:00–1:55	Ankle Fusion Lab Facilitators: <i>TBA</i> Lab Assistants: <i>TBA</i> Group A-1: Place wires Group A-2: Tensioning Group A-3: Check Alignment	<i>Cobalt Ballroom B</i>
1:55–2:00	Switch to Next Lab	
2:00–2:55	Ankle Distraction Lab Facilitators: <i>TBA</i> Lab Assistants: <i>TBA</i> Group A-1: Check Alignment Group A-2: Place wires Group A-3: Tensioning	
2:55–3:00	Switch to Next Lab	
3:00–3:55	Midfoot Osteotomy Lab Facilitators: <i>TBA</i> Lab Assistants: <i>TBA</i>	

Group A-1: Tensioning
Group A-2: Check Alignment
Group A-3: Place wires

Groups B-1, B-2, and B-3:

1:00–1:55 Ankle Distraction Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group B-1: Place wires
Group B-2: Tensioning
Group B-3: Check Alignment

1:55–2:00 Switch to Next Lab

2:00–2:55 Midfoot Osteotomy Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group B-1: Check Alignment
Group B-2: Place wires
Group B-3: Tensioning

2:55–3:00 Switch to Next Lab

3:00–3:55 Ankle Fusion Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group B-1: Tensioning
Group B-2: Check Alignment
Group B-3: Place wires

Cobalt Ballroom B

Groups C-1, C-2, and C-3:

1:00–1:55 Midfoot Osteotomy Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group C-1: Place wires
Group C-2: Tensioning
Group C-3: Check Alignment

1:55–2:00 Switch to Next Lab

2:00–2:55 Ankle Fusion Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group C-1: Check Alignment
Group C-2: Place wires
Group C-3: Tensioning

2:55–3:00 Switch to Next Lab

3:00–3:55 Ankle Distraction Lab
Facilitators: *TBA*
Lab Assistants: *TBA*
Group C-1: Tensioning

Cobalt Ballroom B

Group C-2: Check Alignment
Group C-3: Place wires

3:55 – 4:10	<u>Break and Visit with Corporate Partners</u>	<i>Marine Pre-Function</i>
4:10–5:00	Panel Discussion with Case Presentations Moderator: <i>Marie Gdalevitch, MD</i> Facilitators: <i>All Faculty</i>	<i>Cobalt Ballroom A</i>