

31st Annual Baltimore Limb Deformity Pre-Course

Cadaver Lab: Tibia and Foot

Wednesday, August 4, 2021

(as of 04.27.2021)

Four Seasons Baltimore Hotel
and
Axis Research and Technologies
6630 Eli Whitney Drive, Suite E
Columbia, Maryland 21046



Course Directors

Noman Siddiqui, DPM	Baltimore, Maryland
Christopher Bibbo, DO	Baltimore, Maryland
Mark Myerson, MD	Denver, Colorado

Faculty and Assistants

Amiethab Aiyer, MD	Miami, Florida (moving to Baltimore)
Lee Hlad, DPM	Waycross, Georgia
Byron Hutchinson, DPM	Burien, Washington
Kelsey Millonig, DPM	Baltimore, Maryland
Ali Rahnama Vaghef, DPM	Washington, District of Columbia
Mark Solomon, DPM	Cedar Knolls, New Jersey
Michael Theodoulou, DPM	Somerville, Massachusetts

Wednesday, August 4, 2021

- 6:15–6:55 Registration and Breakfast *Grand Ballroom Pre-function, Level 2*
- 7:00 Depart from hotel to Cadaver Lab *Four Seasons Baltimore Hotel, Lobby*
- 8:00–12:10 Hands-on Cadaver Labs: Morning Session *University of Maryland, Anatomy Lab*
 Facilitator: *Noman Siddiqui, DPM*
- 8:00–8:20 Prophylactic Anterior Compartment Fasciotomy (Longitudinal and Transverse)
- 8:20–8:45 Deep/Superficial Gastrocnemius-soleus Recession:
 The Baumann/Vulpius/Strayer Procedure
 Noman Siddiqui, DPM
- 8:45–9:10 Peroneal Nerve Decompression
- 9:10–9:40 Tarsal Tunnel Decompression/Plantar Fascial Release
- 9:40–10:20 Health Break
- 10:20–11:05 Posterior Tibial Tendon Transfer and Bridle Procedure
 Mark Myerson, MD
- 11:05–11:20 Medial Approach to Medial Column Arthrodesis
 Noman Siddiqui, DPM, and Mark Myerson, MD
- 11:20–12:10 Application of Circular External Fixation to the Ankle and Foot
 Facilitators: *Noman Siddiqui, DPM, and Lee Hlad, DPM*
- 12:10–12:25 Head to Lunch and Lecture Session
- 12:25–12:45 Boxed Luncheon *University of Maryland School of Medicine, Howard Hall, Room 450*
- 12:45–1:00 Acute Realignment of Significant Foot Deformities
 Mark Myerson, MD
- 1:00–1:15 Head to Anatomy Lab
- 1:15–4:30 Hands-on Cadaver Lab: Afternoon Session *Anatomy Lab*
- 1:15–2:35 Osteotomies
 Facilitator: *Noman Siddiqui, DPM*
- 1:15–1:55 Gigli Saw Osteotomy: Midfoot
- 1:55–2:35 Gigli Saw Osteotomy: Distal Tibial/Supramalleolar Osteotomy/
 Proximal Tibia (participants to select)

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2:35–4:30 Flaps
Facilitator: *Christopher Bibbo, DO*

2:35–3:15 Reverse Sural

3:15–4:00 Reverse Peroneus Brevis

4:00–4:30 Medial Plantar Artery

4:30–4:45 Change Out of PPE

4:50 Bus Departs from Axis Lab to Four Seasons Hotel

Anatomy Lab Lobby