

30th Annual Baltimore Limb Deformity Pre-Course

Medial Compartment Osteoarthritis: Options and Outcomes

Wednesday, August 26, 2020

(As of 02/27/20)

Four Seasons Hotel
Baltimore, Maryland, USA



Course Directors

Janet Conway, MD	Baltimore, Maryland
Craig Bennett, MD	Baltimore, Maryland
James Nace, DO	Baltimore, Maryland

Course Faculty

Annunziato Amendola, MD	Durham, North Carolina
Michael Assayag, MD	Baltimore, Maryland
Anil Bhave, PT	Baltimore, Maryland
Peter Bonutti, MD	Effingham, Illinois
Mark Dahl, MD	Minneapolis, Minnesota
Austin Fragomen, MD	New York, New York
Joe Hsu, MD	Charlotte, North Carolina
Pasquale Petrerá, MD	Salisbury, Maryland
S. Robert Rozbruch, MD	New York, New York
Jason Scopp, MD	Salisbury, Maryland

Wednesday, August 26, 2020

- 6:30–7:30 Registration and Breakfast *Marine Room and Grand Ballroom Pre-function, Level 2*
- 7:30–7:40 Welcome *Grand Ballroom, Level 2*
 Janet Conway, MD
- 7:40–7:50 Prevalence of Medial Compartment Osteoarthritis (MCOA)
 Janet Conway, MD
- 7:50–8:10 Evolution and Long-term Outcomes of High Tibial Osteotomy (HTO)
 Michael Assayag, MD
- 8:10–8:20 Who is the Ideal Candidate for HTO? History, Physical Examination, and Magnetic
 Resonance Imaging Findings
 Austin Fragomen, MD
- 8:20–8:30 Internal Fixation with Plates: Pearls, Pitfalls, and Results
 Michael Assayag, MD
- 8:30–8:40 Internal Fixation: Opening versus Closing Wedge
 Annunziato Amendola, MD
- 8:40–8:50 Standard Medial Locking Plate versus Puddu Plate: Options for Filling Acute
 Opening Wedge, Healing Rates, and Time to Full Weightbearing
 TBA
- 8:50–9:00 Internal Fixation: HTO with Intramedullary Nails and Blocking Screws: Technique
 and Results
 Joe Hsu, MD
- 9:00–9:10 Discussion
- 9:10–9:40 Health Break and Visit with Corporate Partners *Grand Ballroom Pre-function*
- 9:40–9:50 External Fixation: Pearls, Pitfalls, and Results *Grand Ballroom*
 Janet Conway, MD
- 9:50–10:00 External Fixation versus Internal Fixation for HTO
 S. Robert Rozbruch, MD
- 10:00–10:10 How to Decide Which Technique to Use
 Annunziato Amendola, MD
- 10:10–10:20 Gait and Biomechanical Considerations
 Anil Bhawe, PT
- 10:20–10:30 Other Considerations to Set Yourself Up for Success: Knee Arthroscopy,
 Chondroplasty, etc.
 Jason Scopp, MD

- 10:30–10:50 Knees with MCOA and Deficient Anterior Cruciate Ligament (ACL):
What to Perform First: ACL Repair then HTO or HTO then ACL?
Craig Bennett, MD
- 10:50–11:00 The Inbetween Options—Unicompartmental Knee Arthroplasty/ACL Repair?
Craig Bennett, MD
- 11:00–11:10 When Is a Unicompartmental Knee Arthroplasty Indicated?
James Nace, DO
- 11:10–11:20 The Unicompartmental Knee: Pearls, Pitfalls, and Results
Pasquale Petrera, MD
- 11:20–11:30 Do Unicompartmental Knees Adequately Realign the Mechanical Axis?
Peter Bonutti, MD
- 11:30–11:40 Complications of HTO
Mark Dahl, MD
- 11:40–11:50 Complications of Unicompartmental Knee Arthroplasty
Peter Bonutti, MD
- 11:50–12:00 Results of Conversion to Total Knee Arthroplasty: HTO versus Unicompartmental
Knee Arthroplasty
Mark Dahl, MD
- 12:00–12:30 Discussion
- 12:30–2:00 Luncheon with Two Case Presentations *Grand Ballroom*
- 2:00–2:30 Health Break and Visit with Corporate Partners *Grand Ballroom Pre-function*
- 2:30–5:30 Afternoon Lab Sessions
- Unicompartmental Knee Arthroplasty
Facilitator: *Pasquale Petrera, MD*
 - External Fixation
 - Internal Fixation
Facilitator: *Michael Assayag, MD*
 - Monolateral External Fixator
 - Fixator-assisted Nail Technique
- 6:00 Adjourn