

29<sup>th</sup> Annual Baltimore Limb Deformity Pre-Course

# Ponseti @ 20

Wednesday, August 21, 2019

(As of 5.22.19)

Four Seasons Hotel  
Baltimore, Maryland, USA



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**Course Chair**

**John Herzenberg, MD**

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**Invited Faculty**

<i>Maryse Bouchard, MD</i>	Toronto, Ontario, Canada
<i>Matthew Dobbs, MD</i>	St. Louis, Missouri
<i>Yael Gelfer, MD</i>	London, United Kingdom
<i>Joshua Hyman, MD</i>	New York City, New York
<i>Lori Karol, MD</i>	Dallas, Texas
<i>Monica Nogueira, MD</i>	São Paulo, Brazil
<i>Tim Nunn, MD</i>	Addis Ababa, Ethiopia
<i>J. Norgrove Penny, MD</i>	Victoria, British Columbia, Canada
<i>Christof Radler, MD</i>	Vienna, Austria
<i>Harold van Bosse, MD</i>	Philadelphia, Pennsylvania

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**Lab Assistants**

<b>Noam Bor, MD</b>	Afula, Israel
<b>Dalia Sepulveda, MD</b>	Santiago, Chile
<b>Laura Tosi, MD</b>	Washington, D.C.

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**Technical Assistant**

<b>Danielle Warren, ROT</b>	Baltimore, Maryland
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- 6:30–7:30     Registration and Breakfast     *Marine Room and Grand Ballroom Pre-function, Level 2*
- 7:30–7:35     Welcome     *Grand Ballroom, Level 2*  
                  *John Herzenberg, MD*
- 7:35–7:50     Twenty Years into the Ponseti Revolution: Where Are We?  
                  *John Herzenberg, MD*
- 7:50–8:05     Pathoanatomy of Clubfoot  
                  *Joshua Hyman, MD*
- 8:05–8:25     Skeletal Model Workshop: How the Ponseti Method Works  
                  *J. Norgrove Penny, MD*
- 8:25–8:35     Tenotomy Techniques  
                  *John Herzenberg, MD*
- 8:35–8:45     Casting: I Learned from Dr. Ponseti; Do I Still Need to Do It the Same Way?  
                  *Matthew Dobbs, MD*
- 8:45–9:00     Ponseti Bracing Techniques: From Tactical to Practical     *Grand Ballroom*  
                  *Matthew Dobbs, MD*
- 9:00–9:05     Discussion
- 9:05–9:25     Health Break and Visit with Corporate Partners     *Grand Ballroom Pre-function*
- 9:25–10:05     Faculty Live Demonstrations of Ponseti Casting  
                  *Matthew Dobbs, MD, Monica Nogueira, MD, Christof Radler, MD,*  
                  *and Harold van Bosse, MD*
- 10:05–11:05     Casting and Tenotomy Workshop on Models  
                  *All Faculty and Lab Assistants*
- 11:05–11:20     Evaluating Muscle Strength/Range of Motion in Clubfeet  
                  *Yael Gelfer, MD*
- 11:20–11:30     The Role of Radiography in Ponseti Clubfoot Management  
                  *Christof Radler, MD*
- 11:30–11:40     Alternative Methodologies: Botox, e-Stim  
                  *Yael Gelfer, MD*
- 11:40–11:55     Unilateral Bracing  
                  *TBA*
- 11:55–12:10     How to Run a Busy Clubfoot Clinic: Tips and Tricks  
                  *Joshua Hyman, MD*
- 12:10–12:15     Discussion

- 12:15–12:55 Luncheon
- 12:55–1:10 Prenatal Consultations for Clubfoot  
*Christof Radler, MD*
- 1:10–1:25 The Dallasite Relapse Algorithm  
*Lori Karol, MD*
- 1:25–1:40 The Viennese Relapse Algorithm  
*Christof Radler, MD*
- 1:40–1:55 Relapse after Posteromedial Release: Treatment with the Ponseti Method  
*Monica Nogueira, MD*
- 1:55–2:10 Adjunctive Procedures: What to Do When Ponseti Doesn't Work  
*John Herzenberg, MD*
- 2:10–2:20 My 14-Month Old Is Not Walking Yet: Is It the Brace?  
*Yael Gelfer, MD*
- 2:20–2:25 Discussion
- 2:25–2:40 Atypical Club Feet  
*Harold van Bosse, MD*
- 2:40–2:55 Modified Ponseti Approach for Vertical Talus  
*Matthew Dobbs, MD*
- 2:55–3:05 Ponseti Method for Neglected Feet  
*Monica Nogueira, MD*
- 3:05–3:25 Ponseti Method in Arthrogyrosis and Spina Bifida  
*Harold van Bosse, MD*
- 3:25–3:35 To Infinity and Beyond! Pushing Ponseti to the Periphery  
*Joshua Hyman, MD*
- 3:35–3:40 Discussion
- 3:40–4:00 Health Break and Visit with Corporate Partners *Grand Ballroom Pre-function*
- 4:00–4:15 Surgery for Neglected Feet  
*J. Norgrove Penny, MD*
- 4:15–4:30 External Fixation for Neglected Feet in Africa  
*Tim Nunn, MD*
- 4:30–4:45 How Good Are Our Feet? *Grand Ballroom*  
*Lori Karol, MD*

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4:45–4:55 Outcomes: Are We Speaking the Same Language?  
*Yael Gelfer, MD*

4:55–5:05 TBA  
*Tim Nunn, MD*

5:05–5:50 Patient Demonstrations

5:50–6:00 Discussion and Course Evaluation

6:00 Adjourn

7:00 Pre-Course Faculty Dinner

*Four Seasons Hotel Lobby*